

“Talk of the Month” Spiritual White Papers
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A Tunnel Through the Creation

E.J. GOLD



And It Comes Out Here

E.J. Gold, JazzArt® “monumental” painting, 36” x 72” canvas ©HEI.

EDITOR'S NOTE

Dear Reader:

When I first read about Gurdjieff explaining “man is a machine” in a paperback copy of *In Search of the Miraculous*, it made me so angry I wanted to throw the book across the room. It was a knee-jerk reaction, typical of me, resulting in me avoiding this idea for years. This is an example of what E.J. Gold might describe as “the defense mechanism of the human biological machine against the threat of the waking state.”

What I did not understand is that work ideas are meant for use, not for mental masturbation. That they are given as tools, meant for each of us to use in our own work. That like other tools, their use must be practiced and mastered one degree at a time.

To my knowledge, the material in these white papers has never before appeared in printed form. The text is taken from the incredible series of talks published by IDHHB on their talkofthemonth.com website. These talks were given by E.J. Gold and others starting in the late 1960s. They cover “topics including personal transformation, spiritual life, the Fourth Way, Alchemy, Angels, Attention, Death & Dying, Bardo Training, the Great Work, Healing, Invocation, Metaphysics, the Man on the Cross, Reincarnation, Shamanism, Practical Work on Self, Work Traditions, Gaming and others.”

I hope you will find a way to use these ideas with wonderful results for your own work. And may your efforts be used for the benefit of all beings everywhere.



For further information, exercises, and guidance related to the ideas discussed in this white paper, please visit the Institute for the Development of the Harmonious Human Being at <https://www.idhnb.com>.

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“You don’t have a soul. You are a soul.”

— E.J. GOLD

ABSTRACT

The human biological machine is not a three-dimensional object, but a four-dimensional tunnel through the Creation. This tunnel is a factory, in the sense that raw material, which we call “spirit” or “soul,” enters the tunnel at birth, undergoes a series of transformational processes, and emerges from the other end of the tunnel as a finished product. So the human machine is a factory for the transformation of the soul. However, this transformation can occur only if the factory has been turned on, if the machine is alive, if its electrical force is able to act upon the essential self. If the machine has not been turned on, we pass through dark corridors and emerge unchanged, having gained nothing.

1 The Four-Dimensional Hole

You may be thinking of the human biological machine as a three-dimensional object. But it isn't. It's a four-dimensional tunnel through Creation.

It is a factory in the sense that you take raw material at one end of the factory, and it goes through a series of processes, which in themselves are no big deal, but then at the other end it comes out. It emerges from the factory as a completely different object, something totally different. It's completely changed.

If you take an oil by-product in at one end of a factory and it comes out as a red plastic fire engine at the other end, it's gone through a series of transformational processes.

We may not even know which ones they are, exactly. But we know that it came in as raw material and it emerged as a finished product of some kind. It went through the factory.

The human machine is a three-dimensional object, but it's also a four-dimensional corridor or a four-dimensional hole, if you like.

2 Crank Up the Soul Transformation Factory

The human machine is a factory — a literal factory — in which a raw product, which we call “spirit” or “the soul”, goes in on one side, goes through a series of transformational processes, and emerges at the other end, a finished product . . . if the factory is functional.

Most factories are turned off. They don't function, so raw material goes in at one end and emerges at the other completely unchanged. But the human machine exists not as a device, but literally as a factory for the transformation of the soul.

It's a hell of a waste to not turn the factory on and get it operational, get it actually functioning. So many exercises and many techniques are designed to make the factory functional. Turn it on. Turn on the machinery. Crank it up. Get it operating. Get it going.

But I see that you're thinking of the human machine as a three-dimensional solid object. When viewed from outside, you're thinking of it as a convex form.

In fact, in four dimensions it is a concave form. It's actually a corridor, a tunnel through the Creation.

3 The Machine is the Path

The passage through this factory creates the illusion of time and space. It certainly creates the illusion of time because as you pass through the factory, events seem to flow one into another. Your awareness of those events creates the illusion of time, whereas really, they are nothing more than a series of events.

A series of events is not time. It shouldn't by itself give you a sense of time. Each event should be isolated in itself, to itself.

The illusion of time is created by passing from one event to another. The events are very small, very short, very immediate. Each event is only momentary.

If you changed your view of time, each event would expand to incredible, almost infinite, dimensions.

What I'm trying to get across is, your view of the machine has something that needs to be changed. It's all wrong. Its activities are completely frozen. Its path through the Creation is unchangeable because the machine is the path.

It isn't taking a path. It is the path which you are taking.

You don't need to take a different path. You're in the machine's path.

The machine will not change; it's frozen utterly. The only real question is: is the factory operational, or is it dead?

4 Exact Knowledge Required

Generally the factory is shut down, dead. It is not operational. To turn the factory on requires knowledge.

It requires knowledge to turn the factory on. Exact knowledge: you have to know where the switches are. You have to know which machines to turn on, which machines you don't need to bother with.

Economy of operation is necessary, so the machine doesn't blow all of its energy accomplishing something completely useless. You want the factory to be operational,

but also economical, efficient.

The factory also can do a variety of things besides transformation. It has a variety of uses, depending upon how it's set up. Depending upon which parts of it are turned on. Depending upon its chemistry. Depending upon its electrical factors.

It can produce a variety of products, not just an evolved soul. You may not want to produce those other products. Or you might.

So you must have some idea of the operation of the factory, how the factory operates, what it is, what it's capable of, and how to make it do what it does.

In the very beginning, all you really need is the idea of the factory to understand that the human machine is not an object, but a path, a corridor through a factory. And it's a transformational path. In other words, it has the effect of transformation of the soul into a finished product, into what we call an "evolved man."

5 The Spiral Life of the Machine

The machine is moving around on a mudball. The mudball is whirling around through space in a spiral form because the entire solar system is moving, and this thing's flying around at 17,000 miles an hour.

So even in the ordinary view, it's a spiral. The life of the machine is actually a spiral.

Think of the machine's path from birth to death. Think of it as a path; just think of where it goes, how it sits, how it walks, how it stands in all its changing postures. Now think of that as a corridor in time, and you'll get a good idea of it as a four-dimensional worm.

All its gyrations through time and space, just think of it. As you walk across a room, think of the path that the machine cuts through air.

Let's say you're walking through jello, or walking through snow. There's a snow bank, 30 feet high. Walk through it. Boom, you're through it. Now turn around and look back and see the path you made.

That's the human machine, not what walked through. What walked through is the soul. The human machine is the path itself. That's actually the machine in four-dimensional view. In three dimensions, you would see it at each moment making the path.

You might even think of changing the path, but you don't have to. That is the path. That's the path it's destined to take. That's the path it always takes. It's frozen in the Creation. Before you entered the path, you saw where it was going to go, and you saw the product that it could deliver.

Now you walk through, and you've now taken the shape of the machine. As you walked through the path, you assumed the shape, little by little, from a grapefruit to a man. The soul took on the shape of a man. Not just the shape, but all of the psychological implications, all of the attitudes, all of the habits, all of the activities, all of the goals and purposes of a man.

If the factory was operational, you emerged without organic habits, but in the shape of a man. If it wasn't, you emerged in the shape of a man with all the organic habits which would lead to rebirth.

6 The Amorphous Self

You are amorphous, rightly. Your essential self is amorphous, shapeless. It's a blob. It can take on any shape that it happens to find itself in. And having passed through certain shapes teaches it something.

You're not going to remain in the shape of a man forever. You don't have to. But you've been through the experience. If the machine was on, if the factory was on during that experience, you will be able to use it. If not, then the understanding won't remain. What we call "understanding" won't remain, just knowledge while you're in it.

You have knowledge of a man while you are a man. But if the machine isn't on, that knowledge dies when you resume your amorphous shape. But if the machine is on, the knowledge remains in the form of what's called "understanding."

You can always resume the shape of a man whenever you need to. If the factory is on, that knowledge never dies. It's absorbed by the amorphous thing we call a "soul."

7 Shapeless Blobs Passing through Human Factories

We're shapeless blobs, passing through human factories, human forms. We pass through the human form, and while we're in the human form we take on the

attributes, the aspects, the knowledge of human. We then lose them if the machine has been dead all this time.

If the machine has been dead, we lose it all at death. We lose it all when we pass out of the corridor. At the end of the corridor, we resume our amorphous shape. We lose the entire experience. Everything we knew as a man, we lose.

But if it has been on, the electrical force of it takes within us. It changes us. It transforms us so that we actually retain the shape of a man, the attributes of a man. We don't revert to the shapeless blob.

But at some point, even if we do revert to the shapeless blob, we will never forget what it was to be a man. But only if we passed through something alive, something living which had an electrical effect on us.

If we passed through something dead, something cold, something lifeless, something dark, it has no effect. The electrical effect is lost. It's just passing through a dead, lifeless, black, dark corridor.

While we're in it, we do have the experience. We take on the attributes. But when we leave it, nothing has happened. No transformation has taken place. We have knowledge while we're in it, but the knowledge doesn't live.

If it's on when we pass through it, the knowledge is transferred electrically into us and becomes what we call "understanding." It is undying knowledge. It becomes part of the soul's experience.

Otherwise the soul doesn't even remember having done it. If you pass through these lifeless corridors, you can't even remember having passed through them. But the ones that you passed through that were on, you remember.

8 Remembering with Form

You remember not with your mind. There are a lot of things that have happened to you that you don't remember with your mind, you remember with your body.

It's the same for the soul. It doesn't necessarily remember with its awareness, but it remembers with its form. It remembers with its shape.

Even though its shape is amorphic, it can take the shape again at any time. And it doesn't even have to do that to use the information, to use the experience, to use

the understanding of it. It has passed through something alive. It will never lose that, even if it's not directly aware of that.

You'll definitely forget that you were in this lifetime. Maybe bits and pieces, flashes of it might come to you. But you'll forget all about it. But the equivalent of your body won't forget, unless you've passed through a dead corridor.

The effect is electrical. The prickling, tingling feeling of passing through a living man, a real alchemical factory.

What is undergoing transformation? What is being changed? You are being changed, not the machine. The machine is the actual factory. We don't care about the machine's change. We can't change the machine. The machine can change us.

Most people work to change their machine. We work to be changed by the machine. One is impossible; the other is possible. One is useless; the other is useful. One dies at death; the other lives forever. The machine will die in the sense that we will leave the machine. We'll pass out of the other end, the anus of the machine.

But if we turn the machine on, the effect of the machine will live with us because the raw energy of the machine has shaped us, has formed us. The experience itself will not die.

Nobody else can turn your machine on for you. You've got to turn it on for yourself. And if you don't want to, you don't have to. You can pass through dark corridors forever.

References

- [1] IDHHB Talk of the Month #115, *The Human Biological Machine as a Transformational*. <https://www.talkofthemonth.com/talkcds/digital/cdt115.html>