

The Lucky Footprints
EPISODE 6

Luck Power

A TALK WITH DR. CLAUDE NEEDHAM



Dr. Claude Needham talks about the ongoing narrative of your life. Your narrative determines the way you experience everything, just like how music determines how you experience a scene from a movie. As it turns out, one way to shift that narrative in a very good way involves your involvement with Luck Power.

The narrative you carry shapes how you interpret your life experiences, much like how a movie's soundtrack can transform its mood and meaning. Experimenting with different soundtracks on the same visual scene can starkly change its emotional impact, illustrating how your personal narrative filters your perception of events. Embracing a concept like Luck Power can shift this narrative towards recognizing potential support and positivity in the world, offering a more connected and meaningful perspective than a purely modernist view.

“So you have an ongoing narrative. You could think of it as one, or you could think of it as several, because the narrative has like subplots.

“But you have an ongoing narrative, and that narrative determines how your current events and experiences are interpreted and added into that accumulation that you think of as you. Well, it’s not really you, but we certainly do have the habit of thinking of it as us.

“The music in a movie pretty much determines the narrative. It selects it.

“The way you can test that is, in one browser tab, open up a movie that’s say, a horror film. Then in another tab, open up a comedy. Turn the sound on the comedy down, so you’ll be able to watch the comedy, but you’ll have the sound track from the horror film running as the audio. All of a sudden, the events of that comedy are so very, very different.

“I did this by luck one day. The scene in the comedy involved the two main characters walking down a road, but they had this spooky 1930’s horror film music running. That’s very weird. Then I switched it to the comedy sound track, and suddenly it was different. It was back to being fun and light and full of levity. But the same scene with the theme music from the horror film, it was dark and brooding and suspenseful.

“Your narrative has the same effect. It’s easier to see it in others, where something happens and then you notice how it gets incorporated into their story and you go, ‘Of course, they would see it like that.’

“LP—Luck Power—the whole concept of Luck Power, the whole involvement with Luck Power, it will change your narrative.

“Then all of a sudden, you have a narrative that speaks to the possibilities, the apparent reality that there’s agencies that will give you a break, help you, watch your back, from time to time, helping out.

“It’s a very good narrative shift, and it’s closer to the real truth than your hard-boiled modernist view.

“I mean, where did that come from? This stranded alone in a universe empty of intelligence, design, or connection? There’s vast areas of time and geography where you will not find that. It simply doesn’t exist.

“It’d be impossible to even explain that to certain tribes. They wouldn’t get what you were saying, because even if you were using their words, it would

make so much nonsense that they wouldn't hear it."